Knowledge, Skills and Understanding
Personal, Social and Emotional Development

Nursery

3 & 4 year olds will be learning to:

- Select and use activities and resources, with help when needed.
- Develop their sense of responsibility and membership of a community.
- Become more outgoing with unfamiliar people, in the safe context of their setting.
- Show more confidence in new social situations.
- Play with one or more other children, extending and elaborating play ideas.
- Ask adults or friends for help when needed.
- Increasingly follow rules, understanding why they are important.
- Remember rules without needing an adult to remind them.
- Develop appropriate ways of being assertive e.g. saying 'no' if they do not want to join in a game.
- Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.
- Understand gradually how others might be feeling.
- Play games in a small group, led by an adult.
- Wait their turn in a game with an adult.

Core Texts	Core Experiences	Daily Routines
Owl Babies So Much Families (non-fiction) I am absolutely too small for school! Titch Harry and the Dinosaurs go to School PSED focus texts e.g. Stroppy Stan, Invisible Isabelle Belonging	Circle games Turn taking games NSPCC PANTs Rule	Jigsaw sessions Early Years Talk Boost sessions Listening and Attention groups Tidy up time

Knowledge, Skills and Understanding
Personal, Social and Emotional Development

Reception

Reception children will be learning to:

Self Regulation	Managing Self	Building Relationships
• See themselves as a valuable individual. • Identify and moderate their own feelings socially and emotionally. • Be confident to access a range of different activities, both inside and outside. • Wait their turn in games independently.	• Show resilience and perseverance in the face of challenge. • Manage their own needs, e.g toileting, undressing/dressing for PE.	• Build constructive and respectful relationships with children and adults e.g. using manners. • Express their feelings and consider the feelings of others. • Think about the perspectives of others.

Knowledge, Skills and Understanding
Personal, Social and Emotional Development

Reception – end of year expectations		
ELG **Self- Regulation**	**ELG** **Managing Self**	**ELG** **Building Relationships**
Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.	Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly. Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.	Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with peers. Show sensitivity to their own and to others' needs.
Core Texts	**Core Experiences**	**Daily Routines**
Starting School PSED focus texts e.g. Stroppy Stan, Invisible Isabelle	Turn taking games NSPCC PANTs Rule	Snack time Time to Talk Jigsaw sessions Listening and Attention groups Tidy up time